



WHEN BLESSINGS BECOME BURDENS  
LUKE 5:36-6:11 (ESV)

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36 He also told them a parable: "No one tears a piece from a new garment and puts it on an old garment. If he does, he will tear the new, and the piece from the new will not match the old. 37 And no one puts new wine into old wineskins. If he does, the new wine will burst the skins and it will be spilled, and the skins will be destroyed. 38 But new wine must be put into fresh wineskins. 39 And no one after drinking old wine desires new, for he says, 'The old is good.'"

**THE BASIS FOR THE SABBATH**

**Genesis 2:2-3**

And on the seventh day God finished His work that He had done, and He rested on the seventh day from all His work that He had done. 3 So God blessed the seventh day and made it holy, because on it God rested from all His work that He had done in creation.

**Exodus 20:8**

"Remember the Sabbath day, to keep it holy. 9 Six days you shall labor, and do all your work, 10 but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. 11 For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

**SABBATH:** A POSITIVE COMMAND, GIVEN BY GOD, TO REST FOR OUR **BENEFIT** AND **BLESSING**

**THREE APPROACHES TO HOW TO HONOR THE SABBATH**

- A. LEGALISM = FAITH IN **MY WORKS**
- B. LICENSE = FAITH **WITHOUT WORKS**
- C. LIBERTY = GRACE THROUGH FAITH **UNTO GOOD WORKS**

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## THE BURDEN OF LEGALISM

### 2 CHARACTERISTICS OF LEGALISTS:

#### 1. LEGALISTS TURN **BLESSINGS INTO BURDENS**

6:1 On a Sabbath, while He was going through the grainfields, His disciples plucked and ate some heads of grain, rubbing them in their hands. 2 But some of the Pharisees said, "Why are you doing what is not lawful to do on the Sabbath?" 3 And Jesus answered them, "Have you not read what David did when he was hungry, he and those who were with him: 4 how he entered the house of God and took and ate the bread of the Presence, which is not lawful for any but the priests to eat, and also gave it to those with him?" 5 And He said to them, "The Son of Man is lord of the Sabbath."

#### 2. LEGALISTS VALUE THEIR OWN **LAWS OVER LOVE**

6:6 On another Sabbath, He entered the synagogue and was teaching, and a man was there whose right hand was withered. 7 And the scribes and the Pharisees watched Him, to see whether He would heal on the Sabbath, so that they might find a reason to accuse Him. 8 But He knew their thoughts, and He said to the man with the withered hand, "Come and stand here." And he rose and stood there. 9 And Jesus said to them, "I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?"

10 And after looking around at them all He said to him, "Stretch out your hand." And he did so, and his hand was restored. 11 But they were filled with fury and discussed with one another what they might do to Jesus.

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## THE BLESSING OF GODLY REST – 3 ELEMENTS

### 1. **REMEMBRANCE**

### 2. **RELATIONSHIP**

### 3. **REST**

#### **Matthew 11:28-30**

28 Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy, and My burden is light."

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