

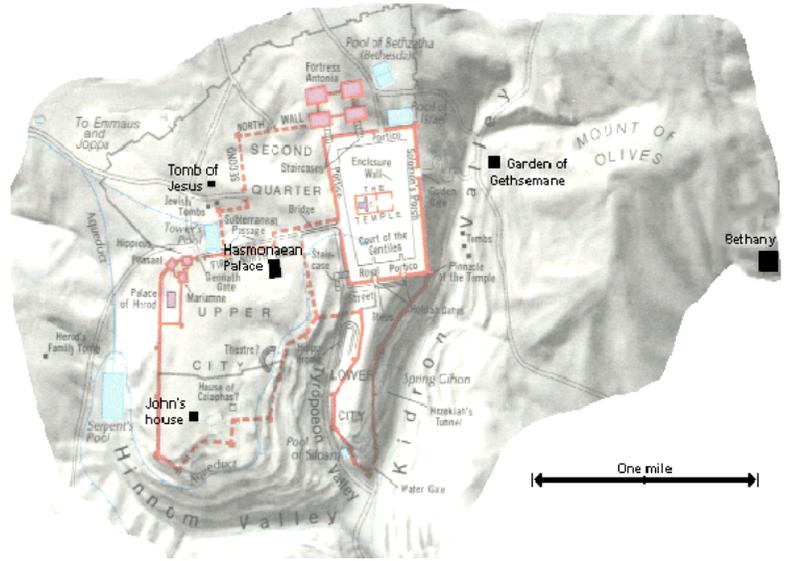
## FIRST THINGS FIRST

### LUKE 10:38-42 – Mary & Martha

38 Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed Him into her house.

39 And she had a sister called Mary, who sat at the Lord's feet and listened to His teaching. 40 But Martha was distracted with much serving. And she went up to Him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me."

41 But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, 42 but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."



**Who do you identify more with in this story?      MARY      MARTHA      (Circle One)**

#### 1. THE ISSUE:

40 But Martha was distracted with much serving. And she went up to Him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me."

### MARTHA HAD MISTAKEN BUSYNESS FOR FAITHFULNESS

**AS A RESULT MARTHA WAS:**

- A. DISTRACTED**
- B. DISGRUNTLED**
- C. DISTRESSED**

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## 2. THE INSTRUCTION:

41 But the Lord answered her, “Martha, Martha, you are anxious and troubled about many things, 42 but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.”

### **MATTHEW 11:28-29**

28 Come to Me, all who labor and are heavy laden, and I will give you rest. 29 Take My yoke upon you, and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy, and My burden is light.”

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## 3. THE IMPLICATIONS FOR TODAY:

THREE RESOLUTIONS TO PUT FIRST THINGS FIRST IN 2019:

1. **SLEEP INTENTIONALLY**
2. **SAY NO PRAYERFULLY**
3. **START AT THE FEET OF JESUS**

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## REFLECTION/DISCUSSION QUESTIONS:

1. What is your home like shortly before guests arrive?
2. What did Mary do while Martha attended to household preparations? (10:39)
3. Of what did Martha accuse her sister? Of what did she accuse Jesus? (10:40)
4. If you had been Martha in this situation, how would you have responded to your sister's actions?
5. Why did Jesus favor Mary's choice?
6. What do you think Jesus' heart toward Martha was in this interaction?
7. What lessons can we draw out to apply to our lives today?

(Some questions courtesy of [www.biblestudymen.com](http://www.biblestudymen.com))